

Skin Typing

Please circle the answer that most applies

Genetic Disposition:

Score	0	1	2	3	4
Natural eye color	Light Blue, Gray Green	Blue, Grey	Green, Hazel	Brown	Brownish Black
Natural Hair Color	Sandy, Red	Blond	Chestnut/ Dark Blond	Dark Brown	Black
Color of Non-exposed skin	Reddish	Very Pale	Pale with a beige tint	Light Brown	Dark Brown
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None

Genetic Score: _____

Reaction to sun exposure

Score	0	1	2	3	4
What happens when you stay in the sun too long?	Painful reddens, blistering and peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rarely burns	Never had burns
To what degree do you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easy	Turn dark brown quickly
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always
How does your face react to the sun?	Very Sensitive	Sensitive	Normal	Very resistant	Never had a problem

Reaction to sun exposure score: _____

Tanning Habits

Score	0	1	2	3	4
When did you last expose your body to sun (or artificial sunlamp/tanning cream)?	Never	Hardly Ever	Sometimes	Often	Always
Do you expose the area to be treated to the sun?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than a month ago	Less than 2 weeks ago

Tanning Habits Score: _____

STAFF ONLY

Genetic Disposition: _____

Reaction to Sun Exposure _____

Tanning Habits _____

Total Score _____

Fitzpatrick Skin Type

Skin Type Score

Fitzpatrick Skin Type

0-7

I

8-16

II

17-25

III

25-30

IV

Over 30

V-VI

